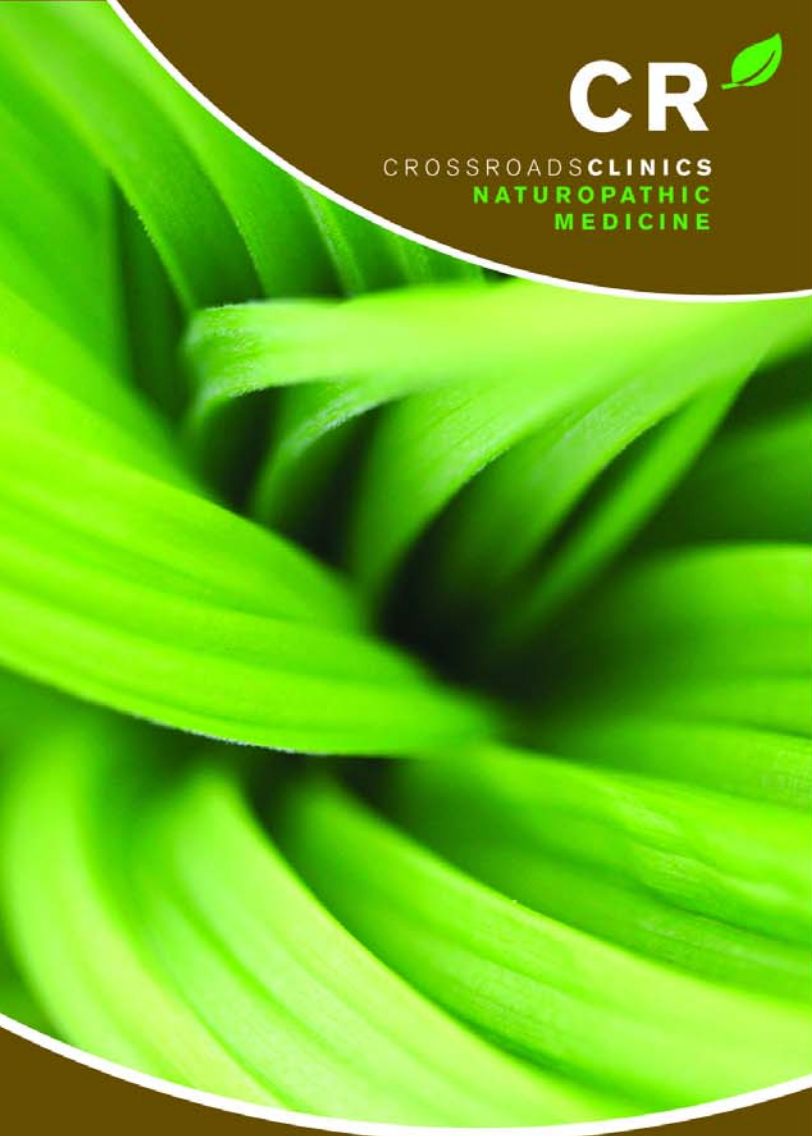




CROSSROADSCLINICS
NATUROPATHIC
MEDICINE



Do you need help dealing with stress?

Do you feel tired or sad most of the time?

Do you want to lose weight?

Do you need ideas on healthy eating?

Do you feel that your hormones are out of balance?

Do you ever wonder if you are taking the right vitamins
in the correct doses for the right things?



If you answered yes,
Naturopathic Medicine can help!



CROSSROADSCLINICS
VANCOUVER



Dr. Kristen Brown, ND
Dr. Stella Seto, ND
Dr. Sanjay Mohan Ram, ND
Dr. Rida Wang, ND, RAc

Naturopathic medicine is
primary health care that
supports the self-healing

process and focuses on addressing the root cause of illness.
The treatment plans reflect 'whole' person healthcare.

Naturopathic therapeutics include:

clinical nutrition • herbal and homeopathic medicines • IV
therapeutics • acupuncture and traditional Chinese
medicine • women's health care including pap tests •
wellness counselling • food sensitivity and hormonal testing
• exercise prescription • detoxification programs • stress
management • fertility protocols

Conditions commonly treated:

digestive problems • skin conditions • allergies • asthma •
hormonal imbalance • infertility • weight gain • high blood
pressure • diabetes • heart disease • fatigue • insomnia •
depression • anxiety • joint pain • sports injury • migraine
headaches • ear and throat infections • colds and flus

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